



Mobile & Monitoring Workbook

WordPress Speed & Performance

Use these sheets beside the lessons. Record what you observe, explain the change you choose and keep a way to restore the working site.

1. Test the Mobile Task
2. Maintain the Result
3. Module Review

GT Performance is entirely free. You can complete the core exercises without a paid optimization plugin.

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Test the Mobile Task

Confirm loading, first-tap behavior and layout stability under stated mobile conditions.

Site / page under review

Date / visitor state / device

Guided Task

1. Use a real phone where available, otherwise label the simulated profile.
2. Try first tap, navigation, reading, consent and a relevant form.
3. Compare 1 targeted change under the same conditions and keep required content.

Device / Conditions	Task and Observed Problem	Change / Repeat Result

LCP element and first-interaction evidence

Movement, touch, text-zoom and fixed-bar findings

Complete When

The mobile task works, content remains available and the test conditions are stated.



Test the Mobile Task Reasoning Check

Try the questions before reading the answer guidance. This is a teaching scenario, not a measured result from your site.

Scenario

A mobile menu tap initializes navigation and several unrelated widgets at the same time.

Why can a good initial-load score miss this?

Which change is worth investigating?

Answer Guidance

1. The expensive work occurs at interaction time, which a navigation-only run may not exercise.
2. Separate essential navigation from unnecessary widget initialization, then record the first tap again.

What I will verify on my own site

Keep passwords, API tokens and private customer data out of this workbook.

Maintain the Result

Build a repeatable review with representative pages, budgets, ownership and rollback triggers.

Site / page under review

Date / visitor state / device

Guided Task

1. Save a repeatable baseline set with reports and conditions.
2. Choose review timing and checks after performance-affecting changes.
3. Write a final improvement plan with measured results, feature checks and open questions.

Page / Task / Conditions	Baseline / After / Spread	Correctness / Decision

Review owner, cadence and performance budgets with reasons

Rollback trigger and the evidence needed for unresolved issues

Complete When

The final plan names the owner, recurring checks, matched evidence and recovery trigger.



Maintain the Result Reasoning Check

Try the questions before reading the answer guidance. This is a teaching scenario, not a measured result from your site.

Scenario

A lab result improves after a change, while field data still includes older visits. The next plugin update introduces a regression.

How will the record help you interpret both events?

What invalidates an apparent performance win?

Answer Guidance

1. Keep the change date, field window and saved traces. Compare the new update with matched current tests and the previous baseline.
2. A broken required task, private-content leak or unfair test comparison invalidates the win even when a metric improves.

What I will verify on my own site

Keep passwords, API tokens and private customer data out of this workbook.



Mobile & Monitoring Module Review

Choose the next action from your evidence. An unknown value is useful when it tells you what to investigate next.

The most useful evidence I collected

The change I kept, or the reason I deferred it

Required features and private-route checks

Exact rollback action and who owns it

Next investigation and the evidence it needs

Module Sign-Off

I can explain the result, reproduce the comparison and restore the previous working state.